

## Rainbow® FRENCH GREEN CLAY

- Gentle Non Irritating
- Great for Teen Problem Skin
- Deep Pore Cleansing
- Tones and Stimulates
- A natural exfoliating alternative to harsh acid treatments or peels
- Balances excess oil leaving skin clear and balanced



Available in 3 sizes: .75oz Single Use Packet, 8oz & 32oz Jars

Visit [www.rainbowresearch.com](http://www.rainbowresearch.com) for a full line of natural body care products for the whole family.



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## FRENCH GREEN CLAY Facial Mask Powder



SKIN DETOX DEEP PORE CLEANSER

SOFTENS FINE LINES AND WRINKLES

GREAT FOR TEENAGE & ADULT ACNE

100% PURE NATURAL  
COSMETIC GRADE  
GREEN CLAY POWDER  
(Montmorillonite)

# Rainbow®

## FRENCH GREEN CLAY

French Green Clay has enormous absorbent powers due to the structure of its micro molecules. It literally “drinks” excess oils, toxic substances and impurities from the skin. Its toning action stimulates the skin, brings fresh blood to skin cells and revitalizes the complexion. French Green Clay tightens pores and helps to keep the skin toned and firm. It can also help fade the appearance of hyper-pigmentation and scarring.

Once the favorite cleanser, beautifier, and healer of ancient civilizations, today clay is being appreciated for its remarkable properties. Major beauty salons and spas around the world use clay as an important part of their cleansing and toning treatments.

French Green Clay (Montmorillonite) is one of the most active clays available on the planet. We extract it from sites that are pollution-free and selected for their high mineral content, from the quarries in Southern

France. Green Clay is rich in minerals and trace elements, as well as organic plant matter which helps produce the natural green color. Carefully dug from the center of the clay bed to eliminate all stones, dust, and other impurities, it is then exposed to sunlight to dry into a super-fine powder.

French Green Clay is the perfect treatment for helping to clear problem skin. Simply apply a little every day over troubled areas and leave it to dry for 15-20 minutes and then rinse off. It could well be the natural health answer for clearing teenage & adult problem skin.

A slight redness may occur after you remove the mask, as circulation has increased at the surface of your skin. This is part of the normal skin detoxifying process and will fade within an hour or two.

## MASK RECIPES



Mix clay powder with water or another liquid of your choice until paste is smooth and creamy. Apply with fingertips or spatula. Leave on 10 – 20 Minutes allowing the mask to dry. Then rinse off with tepid water.

We do not add any ingredients into our clay powder. It is 100% pure Green Clay which you can customize for your skin type. Below are some of our suggestions, feel free to try out your own creative formulas too!

### BASIC MASK FORMULA

1-2 Tablespoons French Green Clay. Mixed with Spring Water.

### NORMAL SKIN: Yogurt or Egg Mask

In place of water use Tablespoon Plain Yogurt or 1 Egg. Texture will be creamier than the basic formula. If too thick add water to adjust.

### DRY SKIN: Olive Oil / Jojoba Oil Mask

Basic Mask Formula plus a Tablespoon Olive Oil, Jojoba, Almond Oil or choose your favorite carrier oil to use.

### DRY SKIN: Papaya Mask or Avocado Mask

Basic Mask Formula plus a Tablespoon of mashed Papaya or Avocado. This formula is high in vitamins and minerals. Also very soothing for irritated skin.

### SENSITIVE SKIN: Chamomile Tea & Aloe Mask

Use Chamomile Tea in place of water. Warm or tepid tea will work. Use Aloe Vera Gel or Juice in place of water. If too thick add water to adjust.

### ANTI-OXIDANT/FREE RADICAL MASK:

Use Green or White Tea in place of water. Warm or tepid tea will work.

### OILY SKIN: ACV/Juice Mask

In place of water use: Apple Cider Vinegar, Orange Juice, Lemon Juice or Tomato Juice.

### TEENAGE/ADULT PROBLEM SKIN: Acne Mask

In place of water use: Liquid acidophilus/probiotic. Or add 1 tablespoon of powdered probiotics to basic mask formula with water. Only Use Unflavored Probiotics

There are many options to choose from when working with our green clay mask powder.

Other Popular Ingredients to add are:

- Activated Charcoal
- Honey
- Vitamin E
- Rosewater
- Facial Serums
- Colloidal Oatmeal Powder